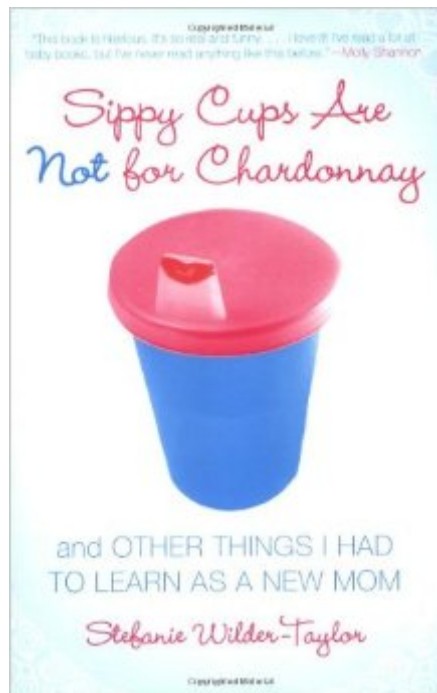


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# Sippy Cups Are Not For Chardonnay: And Other Things I Had To Learn As A New Mom



## Synopsis

This straight-talking and wickedly funny parenting guide is a must-have for new moms trying to weed through all that other "expert" advice. The moment the second line on the pee stick turns pink, women discover they've entered a world of parenting experts. Friends, family, colleagues, the UPS delivery guy "suddenly everybody is a trove of advice, much of it contradictory and confusing. With dire warnings of what will happen if baby is fed on demand and even direr warnings of what will happen if he isn't, not to mention hordes of militant "activists," cosleeping advocates, and books on what to worry about next, modern parenthood can seem like a minefield. In busy Mom-friendly short essays, *Sippy Cups Are Not for Chardonnay* delivers the empathetic straight dirt on parenting, tackling everything from Mommy & Me classes ("Your baby doesn't need to be making friends at three months old" you do! But not with people you'll meet at Mommy & Me) to attachment parenting ("If you're holding your baby 24/7, that's not a baby, that's a tumor"). Stefanie Wilder-Taylor combines practical tips with sidesplitting humor and refreshing honesty, assuring women that they can be good mothers and responsibly make their own choices. A witty and welcome antidote to trendy parenting texts and scarifying case studies, *Sippy Cups Are Not for Chardonnay* provides genuine support, encouragement, and indispensable common-sense advice.

## Book Information

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Average Customer Review: 4.2 out of 5 stars [See all reviews](#) (208 customer reviews)

Best Sellers Rank: #50,740 in Books (See Top 100 in Books) #74 in [Books > Humor & Entertainment > Humor > Self-Help & Psychology](#) #93 in [Books > Humor & Entertainment > Humor > Parenting & Families](#) #128 in [Books > Humor & Entertainment > Humor > Love, Sex & Marriage](#)

## Customer Reviews

I truly enjoyed and relate to this book. Being a mother, although wonderful, is much more challenging than I ever imagined. Those who have left negative reviews need to respect that the

author is sharing her experiences as a mother, from her perspective. Nowhere does she suggest that HER way of doing things is the "best" way, or the only way. In fact, I don't hear her advocating ANYTHING in this book other than being respectful and supportive of one another as mothers. She is making the all too important and often overlooked point that there are MANY different "good" ways of parenting, and we as mothers should respect one another's choices, discard competitive subtexts, and be supportive of one another. Referring to one another as "sissies" as a previous reviewer did and believing (or perceiving) that because you have had success with a particular parenting style or choice that you can make presumptions and judgments about another mother who is struggling or made a less "popular" choice in that area is both ignorant and overly simplistic, and is most likely indicative of one's own insecurities as a parent. I applaud Stefanie for her honesty and candor. I will be sharing this book with many friends.

I purchased this book as a baby shower gift for a new mom who was having her second child in 14 months. It was the hit of the party and everyone there, especially Grandma and older "been there, done that" moms, had a huge laugh over the suggestions contained within.

If you are a super-mom skip this book. If you are like the rest of us and struggling day-to-day this is a must read. I laughed out loud many times. For those of us that had an "active social life" pre-baby and hope to have one in the next 20 years-you will totally relate to this book. I too, will also include this as my new baby shower gift must haves!!

This book was a great read, especially for me as a first time mom. It has a lot of humor (that, let's face it, most moms think a lot of the time) and is really helpful. It lets other moms out there know that they are not alone.

I just received this book. Its for my sister, a new mommy to be. I read through it a bit and enjoy the sense of humor. I want to keep it to read first, lol. I think she's really going to enjoy it. I had to scour the internet to find a book for her that wasn't one of those typical preachy "do or die" baby books, which I'm sure she'll receive plenty off. This should be a nice reprieve in the midst of her upcoming (happy)madness.

I loved this book! As a professional nanny working in Los Angeles, I could relate to the cross section of crazies that the author talked about. I liked her funny take on the usually serious job of parenting.

I will read all of her other books for sure, though this book was written several years ago, it still stands current. Thank you Stefanie Wilder-Taylor for your literary contribution!

I bought this as a lighthearted gift for my daughter's first baby shower. After reading it, though, I decided not to give it to her. It just seemed to have too negative a spin on it to give to an expectant mother. Maybe now that she's got two children, she can read it and laugh. I'll take another look, if I can remember where I put it!

I love all of Stephanie Wilder Taylor's books. This one about motherhood is just as funny as her earlier books, such as *It's Not Me, It's You*. If you need a light, funny read, you can't go wrong with this one--especially if you are a mother, but even if you're not.

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